

A summary of your mother's dream – diary:

(written for Doron and Gil for the 2th of August, Ruth's birthday)

You certainly know that she suffered a lot about the fate of her parents and Bethchen, but also about the loss of the house in Berlin (Insterburgallee) In her dreams about Germany (Berlin) she also mentioned very often Inge and Lotte Franck, Frau Krause (her teacher in Berlin) and many places in Berlin.

When Ruth is thinking about her parents they are both always living in relatively good conditions. Early in her dreams is Ruth giving her father away to a light death, but the mother Frieda is always staying with Ruth, giving comments about Ruth's behaviour and her lifestyle.

Gitti, Ada and Matti, Ludwig and Malve, Marianne, Grandmother Anna and aunt Käthe Wollf with Reinhard, but also uncle Edgar are often present. So always in a helpful manner Sigi and Gerda Weismann are also present in Palestine.

The next group of dreams is handling with men: Josef, Harry Gabb and finally your father Heinz Zeilberger

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Now I try to drop you a hint of important dreams:

8. November 1946:

Ruth is in the house Insterburgallee. She is trying to bring things ("Sachen") away, knowing the danger coming on with the Nazis in power.

She is also deeply hoping that a letter from Germany should arrive.

14. November 1946:

She is in Palestine, but also in the same time with her parents in the house Insterburgallee. The parents are just coming home from Theresienstadt, telling her, that life was not so bad for them because of the "Selbstverwaltung".

(We must remember that Hitler used to say, he have build a city for the Jews!)

10. Dezember 1946:

Ruth is in Berlin, seeing Nazi – people around her, and under them is Frl. Krause. The dream shows that Ruth is reflecting the possibility Frl. Krause beeing by them or not.

17. Dezember 1946:

Ruth has feelings of guilt, because her mother is sick, and she is now in duty but would prefer to do her own things. And she must be happy the mother being alive!!!

26. Dezember 1946:

This is a absolutely awful dream about Ruth's relationship with Josef. She deeply wants to be free from him, but he will not let her go. A really nightmare! (I'm thinking that this dream was very helpful for her).

31. Dezember 1946:

Ruth is again thinking about Josef and she is seeing quite clearly that with Josef she would give up her own personality. **Remarkable!**

4. Januar 1947:

This is a long dream with Gitti, mother Frieda, Grandmother Anna "*with her shining white hair*" and Insterburgallee. But it is also a dream about a pregnancy under difficult circumstances. In the end someone takes the newborn child away. And suddenly Ruth is seeing that Gitti is holding her daughter in her arms. Ruth insists that this child is hers. But nobody is trusting her.

7. Januar 1947:

Ruth tells all about Harry Gabb to her girlfriend Inge. Harry must have been a very important person for Ruth during her service by the Army.

8. Januar 1947:

Ruth is reading in her dream a letter from Josef, only dealing with "Beethoven VI". She is now certain that this is finished for her.

11. Januar 1947:

A long and bad dream about schooling and about Frl. Krause. It shows how difficult it was for Ruth to teach so different classes in difficult circumstances.

14. Januar 1947:

Once again Ruth is thinking about Theresienstadt. Now she gives her father away, dying in peaceful surroundings. With her mother she is speaking about Harry and his organ-playing. Frieda can't bring together Palestine and organ-playing. (Two worlds for her!)

23. Januar 1947:

Once again Theresienstadt and the organisation over there. Ruth wants to understand it, but she is not able to do so. So she has once again imaginations about the fate of her parents.

And there are Frieda and Harry again. What would Frieda think about him?

26. Januar 1947:

A very long dream about Frieda, uncle Edgar and the house in Berlin. And Inge, the much loved girlfriend. Edgar must be a very loved and good uncle for Ruth.

27. Januar 1947:

Once again Harry and the mother. There is a conflict between the two different sights of the world.

And once again Berlin and the class of Frl. Krause.

18. März 1947:

Bethchen and the house Insterburgallee! Ruth is suffering the loss of both of them.

19. März 1947:

Ruth now knows that there will be no marriage with Harry.

24. und 25. März 1947:

Dreams from the time in the Army.

27. / 28. März 1947:

Dreams from Berlin, grandmother Anna Pinner, mother Frieda, sister Marianne and aunt Käthe Wolff.

15. April 1947:

Organ versus music for the Synagogue (Harry).

17. April 1947:

Berlin! Ruth is meeting her much beloved cousin Reinhard Wolff. With her soul she is searching the fate of Reinhard. **A very moving dream!**

18. April 1947:

Ruth is depressed because she should marry an unknown man. Her family pressured her and she has to resist with all her power.

19. April 1947:

Ruth is so much hoping having Elisabeth in Palestine.

26. April 1947:

Ruth is afraid to meet Josef!

28. April 1947:

Ruth is mentioning Heinz Zeilberger (for the first time). She would want to know what he is thinking about women.

30. April und 5. Mai 1947:

In both dreams Ruth is reflecting Heinz Zeilberger.

11. Mai 1947:

A very bad nightmare about marrying an unknown man. The whole family wants to see Ruth as a bride. We must know that in those times women over 30 must be married. This was a common code for women, especially in conservative families.

12. Mai 1947:

A dream about her father- very sad.

16. Mai 1947:

The bitter fate of selling Insterburgallee, but also the happiness about her relation with Heinz Zeilberger.

19. Juni 1947:

Ruth is afraid to suffer a "*neurosis or a psychosis*". But this nightmare is taking a positive turn and Ruth is dancing with her former girlfriends happily in the wonderful garden of Insterburgallee.

24. Mai 1947:

Ruth knows about the two children from Inge Franck. She herself is longing very much for children and she would like to have Anna Katharina, the daughter of Inge, with her.

3. September 1947:

Ruth is visiting the family Franck in Berlin. Lotte Franck, Inge and her siblings are all described. We can feel how deep Ruth's feeling for this family was.

28. September and 8. Oktober:

In both dreams the most important person is **Heinz Zeilberger**. We can see that Ruth trusts him and knows already what a character he is.

21. Oktober 1947:

In this dream Ruth is reflecting her therapy with Dr. B. with predominantly good feelings. But Heinz Zeilberger is coming deep in the night to her, saying, that Dr. B. didn't like him. But he is eager to speak once again with Dr. B. about the possibility to find a workplace for Ruth in J(erusalem) in the home for disturbed children in Montefiore.

Heinz Zeilberger is described as a warm, caring man.

15. September 1947:

"I'm at the floor by Mrs. Zeilberger and secure my stockings. Mrs. Z. is asking me if I now will use always the loose ones and not the fixed ones. I answered yes, because this is better. Heinz is also in this room. Mrs. Z. is saying that [Shulamed?] is moving out during springtime and that I than can move in. I'm reflecting in which way this will be, and if than I will marry Heinz".

This is the very last dream and surely the end of the therapy.

Ruth has found the right man and she is welcomed by her future mother-in-law in a friendly, warm manner.

