$$
|Y| \geq \sum_{k=0}^{[n / 2]}\binom{n}{n-m+k}=\sum_{k=0}^{m}\binom{n}{k}
$$

with equality only if $\alpha_{j}=\delta_{j(n-m)}$.
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## A Short Proof of Sperner's Lemma

Let $S$ denote a set of $N$ objects. By a Sperner collection on $S$ we mean a collection of subsets of $S$ such that no one contain another. In [1], Sperner showed that no such collection could have more than ${ }_{N} C_{[N / 2]}$ members. This follows immediately from the somewhat stronger

Theorem. Let $\Gamma$ be a Sperner collection on $S$. Then

$$
\Sigma_{A \in \Gamma N} C_{|A|}^{-1} \leq 1,
$$

where $|A|$ denotes the cardinality of $A$.
Proof. For each $A \subset S$, exactly $|A|!(N-|A|)!$ maximal chains of S (as a lattice under set inclusion) contain $A$. Since none of the $N$ ! maximal chains of $S$ meet $\Gamma$ more than once, we have

$$
\Sigma_{A \in \Gamma}|A|!(N-|A|)!\leq N!,
$$

proving the theorem.

## Reference

1. E. Sperner, Ein Satz über Untermenger einer endlichen Menge, Math. Z. 27 (1928), 544-548.
D. Lubell
