

Troop 61 Newsletter

October 2013

KNOTS
Scout Eagle

ANIMAL
OVERACHIEVERS



the-cartoonist.com
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October 2013

Theme: Biking

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 World Vegetarian Day	2	3	4	5
6 PLC Meeting	7 Court of Honor	8	9	10	11	12
13 Bike Hike	14 Columbus Day No Meeting	15	16 Committee Meeting	17	18	19 Wawa Show & Sell (12-3)
20 Wawa Show & Sell (9-3)	21 Meeting Popcorn Money and Orders Due	22 National Nut Day	23	24 United Nations Day	25	26 Clean-up (9- 12) STEM Merit Badge Fair
27	28 Meeting	29	30	31 Halloween		

TROOP WEB SITE

If you forgot our calendar of outings, or if you want to see pictures of recent camping trips or even Eagle Projects, you should go to

<http://troop61eastbrunswick.ScoutLander.com>

The Troop Newsletters are also posted there. -Mr. Weibel

November 2013

Theme: Animal Study

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Clean-up at Nativity (8am-Noon)
3 Daylight Savings Time Ends PLC Meeting	4 No Meeting	5 Election Day	6	7	8 NYLT	9 Possible Car Wash
10 Popcorn Pick- up	11 Veterans' Day Meeting	12	13	14	15 NYLT	16
17	18 Meeting	19	20 Committee Meeting	21	22	23
24	25 Meeting	26	27 Hanukkah	28 Thanksgiving	29	30

Looking Forward:

November	Caving/Lakota Wolf Preserve
December	Intrepid
January	Klondike
February	Skiing
March	?
April	Rafting
May	NJ State Troopers Campree
June	?
?	Cooperstown
?	Valley Forge

The pedaling concept is a subjective topic. In triathlon, it is helpful to focus on utilizing the "whole" leg to pedal. At the top and bottom of the stroke, your legs are transitioning to go in opposite directions; either forward and down or back and up. Engaging the proper muscles at the right time improves pedal efficiency and your ability to run off the bike. I like to think of the pedal stroke in terms of a clock. With the top of the stroke starting at 12 O'Clock and the bottom of the stroke starting about 5 O'Clock.

From: http://www.trifind.com/a_302/Developing_Solid_Cycling_Skills.html

Found By: David Comer

Evan Blake

Regulations

Bicycling in New Jersey is regulated under Title 39 of the Motor Vehicles and Traffic Regulation laws.

39:4-14.5 Definition.

"Bicycle" means any two wheeled vehicle having a rear drive which is solely human powered and having a seat height of 25 inches or greater when the seat is in the lowest adjustable position.

39:4-10 Lights on Bicycles.

When in use at nighttime every bicycle shall be equipped with: 1) A front headlamp emitting a white light visible from a distance of at least 500 feet to the front; 2) A rear lamp emitting a red light visible from a distance of at least 500 feet to the rear; 3) In addition to the red lamp a red reflector may be mounted on the rear.

39:4-11 Audible Signal.

A bicycle must be equipped with a bell or other audible device that can be heard at least 100 feet away, but not a siren or whistle.

39:4-11.1 Brakes.

A bicycle must be equipped with a brake that can make wheels skid while stopping on dry, level, clean pavement.

39:4-12 Feet and Hands on Pedals and Handlebars; Carrying Another Person.

Bicyclists should not drive the bicycle with feet removed from the pedals, or with both hands removed from the handlebars, nor practice any trick or fancy driving in a street. Limit passengers to only the number the bicycle is designed and equipped to carry (the number of seats it has).

39:4-14 Hitching on Vehicle Prohibited.

No person riding a bicycle shall attach themselves to any streetcar or vehicle.

39:4-14.1 Rights and Duties of Persons on Bicycles.

Every person riding a bicycle on a roadway is granted all the rights and subject to all of the duties of the motor vehicle driver.

39:4-14.2, 39:4-10.11 Operating Regulations.

Every person riding a bicycle on a roadway shall ride as near to the right roadside as practicable exercising due care when passing a standing vehicle or one proceeding in the same direction. A bicyclist may move left under any of the following conditions: 1) To make a left turn from a left turn lane or pocket; 2) To avoid debris, drains, or other hazardous conditions on the right; 3) To pass a slower moving vehicle; 4) To occupy any available lane when traveling at the same speed as other traffic; 5) To travel no more than two abreast when traffic is not impeded, but otherwise ride in single file. Every person riding a bicycle shall ride in the same direction as vehicular traffic. In New Jersey, the law states a bicyclist must obey all state and local automobile driving laws. A parent may be held responsible for the child's violation of any traffic law.

Helmet Law

Title 39:4-10.1

In New Jersey, anyone under 17 years of age that rides a bicycle or is a passenger on a bicycle, or is towed as a passenger by a bicycle must wear a safety helmet. On August 1, 1998 this helmet law was extended to include roller and inline skates and skateboards. Roller skates means a pair of devices worn on the feet with a set of wheels attached, regardless of the number or placement of those wheels and used to glide or propel the user over the ground. The definition of bicycle with reference to the helmet legislation is a vehicle with two wheels propelled solely by human power and having pedals, handle bars and a saddle-like seat. The term shall include a bicycle for two or more persons having seats and corresponding pedals arranged in tandem. All helmets must be properly fastened and fitted. Bicycle helmets must meet the federal standards developed by the Consumer Product Safety Commission (CPSC) effective March 10, 1999 that ensure the best head protection and strong chin straps to keep the helmet in place during a fall or collision. Also acceptable are helmets meeting the Snell Memorial Foundation's 1990 Standard for Protection Headgear. Exemptions from the helmet requirement are persons who operate or ride a bicycle (as a driver or a passenger) on a roadway closed to motor traffic; on a trail, route, course, boardwalk, path or area set aside only for the use of bicycles. These exemptions do not apply if the areas of operation are adjacent to a roadway and not separated from motor vehicle traffic by a barrier that prevents the bicycle from entering the roadway. Bicyclists or passengers operating in an area where helmets are not required who need to cross a road or highway should walk with the bicycle. Initial violators of the helmet law will receive warnings. For minors, the parent or legal guardian may be fined a maximum of \$25 for the 1st offense and a maximum of \$100 for subsequent offense(s), if lack of parental supervision contributed to the offense. Bicycle salespersons and rental agents must display a sign at least 15 inches long and 8 inches wide at the point where the transaction is completed when they sell or rent a bicycle. This sign should read: "STATE LAW REQUIRES A BICYCLE RIDER UNDER 17 YEARS TO WEAR A HELMET." In the case of bicycle rentals, the salesperson/rental agent must provide a helmet, if necessary, for a fee

From: <http://www.state.nj.us/transportation/commuter/bike/regulations.shtm>

To: Parent(s) or Legal Guardian

Permission slip is needed for participation in:

Activity: **2013 D&R Biking trip**

Location: Delaware & Raritan Canal Tow Path, New Brunswick to Kingston

Date: Sunday 10/13 (Raindate 10/27)

Departure from: Johnson Park, (parking lot nearest Landing Lane) New Brunswick, 9AM

Return to: Kingston/Rocky Hil, Rt. 518 and Canal Road, time TBD

Return Permission Slip by: Troop meeting on 10/7

No Cost, bring bagged lunch, water, trail mix if needed (remember, chocolate melts!) and appropriate clothing.

Return Permission Slip by: Troop meeting on 10/7

Troop 61 Permission Slip

Activity: **2013** Delaware & Raritan Canal Tow Path, New Brunswick to Kingston

Location: New Brunswick to Kingston

Date: 10/13/13

Parents: **Will adult be able to bike with us?** Yes No

Drive? Yes No **How many bikes/** _____

Permission is hereby given for (names) _____

to attend and participate in the above trip and activity. In granting permission, I hereby absolve Troop 61, The Boy Scouts of America and its representatives from any liability in connection with this trip and activity.

Will scout/parent be bringing a bike? Yes No

Furthermore, in the event of a medical emergency, I hereby give my permission and authority to the Scoutmaster or his designated representatives to obtain emergency medical treatment for my child/children.

In case of emergency I/we can be reached at Phone # _____ .

Further Comments, special situations: _____

Medical Information:

THIS PERMISSION SLIP MUST BE SIGNED BY PARENT(S) OR LEGAL GUARDIAN

Signature

Popcorn! Popcorn! Popcorn!

Mrs. Blake, Popcorn Kernel

Important popcorn dates

Now	Popcorn sale begins
Sat 10/19 12-3	Show-n-Sell at Wawa on Ryders Lane
Sun 10/20 9-3	Show-n-Sell at Wawa on Old Bridge Turnpike
Mon 10/21	Popcorn orders and money due
Sun 11/10	Popcorn pickup

It's that time! Please start or continue selling popcorn! We are trying hard for 100% participation... everyone sells *something*.

Popcorn sales are a big fundraiser for our troop, helping with our expenses. Two years ago everyone needed to sell \$150 or pay \$50 as a buy-out. This year's numbers have yet to be determined. Earn great prizes! Sell in person! Sell online! Sell to your parents' employees! Sell lots for a scholarship! But NEVER sell alone!

Show and sell sales are divided evenly among the participants, and count toward your goal.

Collect money as you sell, and turn in one check with your order on 10/21.

--Janet B.