



Troop 61 Newsletter

June 2012



**BE NICE TO FAT PEOPLE
ONE DAY THEY MIGHT SAVE YOUR LIFE**

JUNE 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Sandy Hook Campout	2
3 PLC meeting	4 Meeting	5 World Environment Day	6	7	8	9
10	11 Meeting	12	13	14 Flag Day	15	16
17 Father's Day	18 Meeting	19	20 First Day of Summer Committee Meeting	21	22	23 End of Year Picnic and Summer Court of Honor
24	25	26	27	28 Paul Bunyan Day	29	30

July 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Canada Day	3	4 Independence Day	5	6	7
8	9	10	11	12	13	14 Bastille Day
15	16	17	18	19	20	21
22 Parents' Day	23	24	25	26	27	28
29	30	31				

TROOP WEB SITE

If you forgot our calendar of outings, or if you want to see pictures of recent camping trips or even Eagle Projects, you should go to

<http://www.pack61eastbrunswick.org/Troop61/troop61.html>

The Troop Newsletters are also posted there. -Mr. Weibel

FIRST AID MERIT BADGE REQUIREMENTS

By: Evan Blake

Satisfy your counselor that you have current knowledge of all first aid requirements for Tenderfoot Rank, Second Class Rank, and First Class Rank.

Do the following:

- a. Explain how you would obtain emergency medical assistance from your home, on a wilderness camping trip, and during an activity on open water.
- b. Explain the term triage.
- c. Explain the standard precautions as applied to bloodborne pathogens.
- d. Prepare a first aid kit for your home. Display and discuss its contents with your counselor.

Do the following:

- a. Explain what action you should take for someone who shows signals of shock, for someone who shows signals of a heart attack, and for someone who shows signals of stroke.

- b. Identify the conditions that must exist before performing CPR on a person. Then demonstrate proper technique in performing CPR using a training device approved by your counselor.
- c. Explain the use of an automated external defibrillator (AED).
- d. Show the steps that need to be taken for someone suffering from a severe cut on the leg and on the wrist. Tell the dangers in the use of a tourniquet and the conditions under which its use is justified.
- e. Explain when a bee sting could be life threatening and what action should be taken for prevention and for first aid.
- f. Explain the symptoms of heatstroke and what action needs to be taken for first aid and for prevention.

Do the following:

- a. Describe the signals of a broken bone. Show first aid procedures for handling fractures (broken bones), including open (compound) fractures of the forearm, wrist, upper leg, and lower leg using improvised materials.
- b. Describe the symptoms and possible complications and demonstrate proper procedures for treating suspected injuries to the head, neck, and back. Explain what measures should be taken to reduce the possibility of further complicating these injuries.

Describe the symptoms, proper first aid procedures, and possible prevention measures for the following conditions:

- a. Hypothermia
- b. Convulsions / seizures
- c. Frostbite
- d. Dehydration
- e. Bruises, strains, sprains
- f. Burns
- g. Abdominal pain
- h. Broken, chipped, or loosened tooth
- i. Knocked out tooth
- j. Muscle cramps

Do TWO of the following:

- a. If a sick or injured person must be moved, tell how you would determine the best method. Demonstrate this method.
- b. With helpers under your supervision, improvise a stretcher and move a presumably unconscious person.
- c. With your counselor's approval, arrange a visit with your patrol or troop to an emergency medical facility or through an American Red Cross chapter for a demonstration of how an AED is used.

Teach another Scout a first-aid skill selected by your counselor.

Emptying a Swamped Kayak

By James A.

Sometimes while kayaking on a river or even on a lake, your kayak capsizes. The idea would be to flip the boat back over and get in. Unfortunately, depending on what type of kayak you have, your kayak might be filled with water (swamped). Now you can just leave your boat swamped and paddle on, but this will be difficult and your boat is likely to capsize again. The ideal thing to do would be to get the water out of your kayak. If you are near a shore this is relatively simple: paddle your boat to shore and dump the water out. If you are in the middle of a lake or on a moving river, however, this can be much more difficult.

As you all should know, all kayakers should have a buddy boat. The person in the other boat is your buddy; you should always know where your buddy is and be nearby at all times. If you capsize and swamp your kayak, you can use your buddy boat to empty your boat. The technique is called a T-Bar. While your kayak is still upside-down, go to the back and put the front perpendicular to the middle of your buddy's boat. Push down on the back of your boat while your buddy pulls the front on top of and across his. Once your boat is balanced on your buddy's boat in a "t" shape, the water will drain from your boat. While still in the "t", you and your buddy then flip your recently emptied boat back over, and slide it back, righted, into the water. You then climb back in your boat, hopefully without capsizing it again.

This technique also works for larger boats like canoes, but can be more difficult because of the size of the craft.

Hi Everyone,

With preparations for summer camp starting, it's time to remind everyone that health forms need to be updated.

Parts A & B need to be reviewed & updated by every scout every year. The Troop must have updated copies for ANY youth who goes on ANY activity.

Part C is to be completed by your son's physician. Every person (youth or adult) attending summer camp at Rodney must have Part C completed for a physical that occurred within the last 12 months. Doctor's signature is required! For those not attending Rodney, it's still good to have the physical form completed. Part C is required if we take trips longer than two days, or for district or council events such as Order of the Arrow or National Youth Leader Training.

(For those wondering what happened to Part D, seems it is now only for High Adventure trips such as Philmont, etc. The forms change every year!)

Katherine Anouna

The time has come to register for Summer Camp. To have a look at Rodney and their programs you can visit www.dmvc.org. To register a Scout I need the Scout's name and a list of badges he would like to sign up for. I can then follow the council's on line process to register individual Scouts and set up a schedule for each.

I secured the same site we had last year, Wicomico earlier this month and reserved space for 6 Scouts. Let me know if you will attend and I can complete the reservation process.

Regards,

Mr. G.

Let the fun begin. I signed up for Climbing Safely and I don't even like heights!

With the current registration we secured the early discount rate of \$345. Checks may be made payable to the Troop at the attendees convenience.

Lastly, do not forget to get your medicals completed. Form must be signed and/or stamped by the Scout's MD.

Adults, we need them also for stays longer than 24 hrs.

Regards,

Mr. G

Eagle	Archeology MB (period 3)	2:00 PM - 3:15 PM	Monday - Friday
	Archeology MB (period 4)	3:30 PM - 4:45 PM	Monday - Friday
	Archery MB (period 1)	9:00 AM - 10:15 AM	Monday - Friday
	Archery MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
	Archery MB (period 3)	2:00 PM - 3:15 PM	Monday - Friday
	Art MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
	Art MB (period 4)	3:30 PM - 4:45 PM	Monday - Friday
	Astronomy MB (period 3)	2:00 PM - 3:15 PM	Monday - Friday
	Basketry MB (period 1)	9:00 AM - 10:15 AM	Monday - Friday
	Basketry MB (period 4)	3:30 PM - 4:45 PM	Monday - Friday
	Bird Study MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
*	Camping MB (Period 1)	9:00 AM - 10:15 AM	Monday - Friday
*	Camping MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
*	Camping MB (Period 3)	2:00 PM - 3:15 PM	Monday - Friday
*	Camping MB (period 4)	3:30 PM - 4:45 PM	Monday - Friday
	Canoeing MB (period 1)	9:00 AM - 10:15 AM	Monday - Friday
	Canoeing MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
	Canoeing MB (period 3)	2:00 PM - 3:15 PM	Monday - Friday
	Cinematography MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
	Climbing MB (period 1)	9:00 AM - 10:15 AM	Monday - Friday
	Climbing MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
	Climbing MB (period 3)	2:00 PM - 3:15 PM	Monday - Friday
	Computers MB (period 4)	3:30 PM - 4:45 PM	Monday - Friday
	Cooking MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
	Energy MB (period 4)	3:30 PM - 4:45 PM	Monday - Friday
*	Environmental Science MB (periods 1 & 2)	9:00 AM - 11:45 AM	Monday - Friday
*	Environmental Science MB (periods 3 & 4)	2:00 PM - 4:45 PM	Monday - Friday
*	First Aid MB (period 1)	9:00 AM - 10:15 AM	Monday - Friday
*	First Aid MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
*	First Aid MB (period 4)	3:30 PM - 4:45 PM	Monday - Friday

	Fish & Wildlife Management MB (period 3)	2:00 PM - 3:15 PM	Monday - Friday
	Fishing MB (period 1)	9:00 AM - 10:15 AM	Monday - Friday
	Forestry MB (period 1)	9:00 AM - 10:15 AM	Monday - Friday
	Geocaching MB (Evening Session)	7:00 PM - 8:30 PM	Monday - Wednesday
	Geology & Mammal Study MBs (period 4)	3:30 PM - 4:45 PM	Monday - Friday
	Indian Lore MB (period 1)	9:00 AM - 10:15 AM	Monday - Friday
	Indian Lore MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
	Leatherwork MB (period 1)	9:00 AM - 10:15 AM	Monday - Friday
	Leatherwork MB (period 3)	2:00 PM - 3:15 PM	Monday - Friday
*	Lifesaving MB (period 1)	9:00 AM - 10:15 AM	Monday - Friday
*	Lifesaving MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
*	Lifesaving MB (period 3)	2:00 PM - 3:15 PM	Monday - Friday
	Motorboating MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
	Motorboating MB (period 3)	2:00 PM - 3:15 PM	Monday - Friday
	Nature MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
	Oceanography MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
	Oceanography MB (period 4)	3:30 PM - 4:45 PM	Monday - Friday
	Orienteering MB (Period 1)	9:00 AM - 10:15 AM	Monday - Friday
	Orienteering MB (period 4)	3:30 PM - 4:45 PM	Monday - Friday
*	Personal Fitness MB (Period 1)	9:00 AM - 10:15 AM	Monday - Friday
*	Personal Fitness MB (Period 2)	10:30 AM - 11:45 AM	Monday - Friday
	Photography MB (period 1)	9:00 AM - 10:15 AM	Monday - Friday
	Photography MB (period 3)	2:00 PM - 3:15 PM	Monday - Friday
	Pioneering MB (period 1)	9:00 AM - 10:15 AM	Monday - Friday
	Pioneering MB (period 3)	2:00 PM - 3:15 PM	Monday - Friday
	Pottery MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
	Pottery MB (period 3)	2:00 PM - 3:15 PM	Monday - Friday
	Pottery MB (period 4)	3:30 PM - 4:45 PM	Monday - Friday
	Radio MB (period 1)	9:00 AM - 10:15 AM	Monday - Friday
	Reptile & Amphibian Study MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
	Rifle Shooting MB (period 1)	9:00 AM - 10:15 AM	Monday - Friday
	Rifle Shooting MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
	Rifle Shooting MB (period 3)	2:00 PM - 3:15 PM	Monday - Friday
	Rowing MB (period 3)	2:00 PM - 3:15 PM	Monday - Friday
	Shotgun Shooting MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
	Small-Boat Sailing MB (periods 1 & 2)	9:00 AM - 11:45 AM	Monday - Friday
	Soil & Water Conservation MB (period 3)	2:00 PM - 3:15 PM	Monday - Friday
	Space Exploration MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
	Space Exploration MB (period 4)	3:30 PM - 4:45 PM	Monday - Friday
*	Swimming MB (period 3)	2:00 PM - 3:15 PM	Monday - Friday
	Water Sports MB (period 1)	9:00 AM - 10:15 AM	Monday - Friday
	Water Sports MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
	Weather MB (period 1)	9:00 AM - 10:15 AM	Monday - Friday
	Wilderness Survival MB (period 1)	9:00 AM - 10:15 AM	Monday - Friday
	Wilderness Survival MB (Period 3)	2:00 PM - 3:15 PM	Monday - Friday
	Wilderness Survival MB (period 4)	3:30 PM - 4:45 PM	Monday - Friday
	Wood Carving MB (period 1)	9:00 AM - 10:15 AM	Monday - Friday
	Wood Carving MB (period 2)	10:30 AM - 11:45 AM	Monday - Friday
	Wood Carving MB (period 3)	2:00 PM - 3:15 PM	Monday - Friday

