

Happy Chanukah

Merry Christmas!

# Troop 61 Newsletter

## December 2012



What will ALAKAZAM do?




ALAKAZAM used PSY BEAM!



It's super effective!

# December 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 World AIDS Day
2 Advent Begins  PLC Meeting	3 Meeting	4	5	6	7 Alamuchy SR cabin camping, cope, Klondike Prep	8 Chanukah 
9	10	11	12	13	14	15
	Meeting					
16 	17 Meeting  Winter COH	18	19 Committee Meeting	20	21 Winter Solstice	22
23	24	25 Christmas	26 Boxing Day	27	28	29
30	31					

# January 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 New Year's Day	2	3	4	5
6 PLC Meeting	7 Meeting: Final Prep/ Weblos	8	9	10	11 Human Trafficking Awareness Day	12 Klondike Derby
13	14 Meeting	15	16 Committee Meeting	17	18	19
20 Inauguration Day	21 Martin Luther King Day  Meeting	22	23	24	25	26 Australia Day
27	28 Meeting	29	30	31		

## First Aid merit badge requirements

By Evan Blake

Satisfy your counselor that you have current knowledge of all first aid requirements for Tenderfoot rank, Second Class rank, and First Class rank.

Do the following:

- a. Explain how you would obtain emergency medical assistance from your home, on a wilderness camping trip, and during an activity on open water.
- b. Explain the term triage.
- c. Explain the standard precautions as applied to bloodborne pathogens.
- d. Prepare a first aid kit for your home. Display and discuss its contents with your counselor.

Do the following:

- a. Explain what action you should take for someone who shows signals of shock, for someone who shows signals of a heart attack, and for someone who shows signals of stroke.
- b. Identify the conditions that must exist before performing CPR on a person. Then demonstrate proper technique in performing CPR using a training device approved by your counselor.
- c. Explain the use of an automated external defibrillator (AED).
- d. Show the steps that need to be taken for someone suffering from a severe cut on the leg and on the wrist. Tell the dangers in the use of a tourniquet and the conditions under which its use is justified.
- e. Explain when a bee sting could be life threatening and what action should be taken for prevention and for first aid.
- f. Explain the symptoms of heatstroke and what action needs to be taken for first aid and for prevention.

Do the following:

- a. Describe the signals of a broken bone. Show first aid procedures for handling fractures (broken bones), including open (compound) fractures of the forearm, wrist, upper leg, and lower leg using improvised materials.
- b. Describe the symptoms and possible complications and demonstrate proper procedures for treating suspected injuries to the head, neck, and back. Explain what measures should be taken to reduce the possibility of further complicating these injuries.

Describe the symptoms, proper first aid procedures, and possible prevention measures for the following conditions:

- a. Hypothermia
- b. Convulsions / seizures
- c. Frostbite
- d. Dehydration
- e. Bruises, strains, sprains
- f. Burns
- g. Abdominal pain
- h. Broken, chipped, or loosened tooth
- i. Knocked out tooth
- j. Muscle cramps

Do TWO of the following:

- a. If a sick or injured person must be moved, tell how you would determine the best method. Demonstrate this method.
- b. With helpers under your supervision, improvise a stretcher and move a presumably unconscious person.
- c. With your counselor's approval, arrange a visit with your patrol or troop to an emergency medical facility or through an American Red Cross chapter for a demonstration of how an AED is used.

Teach another Scout a first-aid skill selected by your counselor.

Of all the things a Boy Scout can learn, one of the most important ones of all is first aid. First aid prepares you for any situation that may need medical assistance. A scout is taught about injuries and illnesses and what to do if they occur. For example, if a scout burns himself accidentally on a camping trip, the other scouts are prepared to assess the burn and provide the proper medical attention. They are also taught about the triage system. It is a system in which the injured parties are divided into who needs what and whose injuries are minor and whose are serious. First aid is important because it can not only save someone else's life, but it can also save yours.

By Josh F.