

We know how to integrate \sin , \cos , \tan , and the derivatives of the trig functions.

$$\frac{d}{dx}(\tan x) = \sec^2 x \quad \frac{d}{dx}(\sec x) = \sec x \tan x$$

$$\frac{d}{dx}(\cot x) = -\csc^2 x \quad \frac{d}{dx}(\csc x) = -\csc x \cot x$$

Powers of $\sin x$ and $\cos x$

$$\int \cos^3 x dx = \int \cos x (\cos^2 x) dx$$

$$= \int \cos x (1 - \sin^2 x) dx$$

$$= \int [\cos x - \cos x \sin^2 x] dx$$

$$= \int \cos x dx - \int \cos x \sin^2 x dx$$

$$= \sin x - \int u^2 du$$

$$= \sin x - \frac{1}{3} u^3 + C$$

$$= \sin x - \frac{1}{3} \sin^3 x + C$$

• Substitution unhelpful, would need $\sin x dx$

• Use trig identities

$$u = \sin x \\ du = \cos x dx$$

- So its useful to have terms of the form $\sin^k(x) \cos x$ or $\cos^k(x) \sin x$ (where k could be 0)
- It's enough to have an odd number of powers of one of them.

Example

$$\int \cos^5 x \sin^2 x dx = \int \cos x [\cos^2 x]^2 \sin^2 x dx$$

$$= \int \cos x [1 - \sin^2 x]^2 \sin^2 x dx$$

$$= \int \cos x [1 - 2\sin^2 x + \sin^4 x] \sin^2 x dx$$

$$= \int \cos x [\sin^2 x - 2\sin^4 x + \sin^6 x] dx$$

$$= - \int [u^2 - 2u^4 + u^6] du$$

$$u = \cos x \\ du = -\sin x dx$$

$$= -\left(\frac{1}{3}u^3 - \frac{2}{5}u^5 + \frac{1}{7}u^7\right) + C$$

$$= -\left(\frac{1}{3}\cos^3 x - \frac{2}{5}\cos^5 x + \frac{1}{7}\cos^7 x\right) + C$$

What about examples with purely even powers? Use other trig identities.

$$\sin^2 x = \frac{1}{2}(1 - \cos 2x) \quad \cos^2 x = \frac{1}{2}(1 + \cos 2x)$$

$$\begin{aligned} \textcircled{3} \int_0^{\pi/2} \sin^2 x \, dx &= \frac{1}{2} \int_0^{\pi/2} (1 - \cos 2x) \, dx \\ &= \frac{1}{2} \left[x - \frac{1}{2} \sin(2x) \right]_0^{\pi/2} \quad \text{Note quick mental substitution} \\ &= \frac{1}{2} \left[\left(\frac{\pi}{2} - \frac{1}{2} \sin \frac{\pi}{2} \right) - \left(0 - \frac{1}{2} \sin(0) \right) \right] \\ &= \frac{1}{2} \left[\frac{\pi}{2} - \frac{1}{2} \right] \\ &= \frac{\pi-1}{4} \end{aligned}$$

$$\begin{aligned} \textcircled{4} \int \cos^4 x \, dx &= \int (\cos^2 x)^2 \, dx \\ &= \int \left[\frac{1}{2}(1 + \cos(2x)) \right]^2 \, dx \\ &= \frac{1}{4} \int (1 + 2\cos(2x) + \cos^2(2x)) \, dx \\ &= \frac{1}{4} \int \left(1 + 2\cos(2x) + \frac{1}{2}(1 + \cos(4x)) \right) \, dx \\ &= \frac{1}{4} \left[x + \sin(2x) + \frac{1}{2}x + \frac{1}{8}\sin(4x) \right] + C \\ &= \frac{3}{4}x + \frac{1}{4}\sin(2x) + \frac{1}{32}\sin(4x) + C \end{aligned}$$

Strategy

$$\int \sin^m x \cos^n x$$

- If n is odd, turn all but one cos x into sin x using $\cos^2 x = 1 - \sin^2 x$

- Similarly if m is odd, turn all but one power of sin x into cos x using $\sin^2 x = 1 - \cos^2 x$

+ If m, n even, use

$$\sin^2 x = \frac{1}{2}(1 - \cos 2x)$$

$$\cos^2 x = \frac{1}{2}(1 + \cos 2x)$$

$$\sin x \cos x = \frac{1}{2} \sin 2x$$

We can use the other Pythagorean identities such as $\sec^2 x = 1 + \tan^2 x$.

⑤ $\int \tan^4 x \sec^4 x dx = \int \tan^4 x (\sec^2 x) \sec^2 x dx$

$$= \int \tan^4 x (1 + \tan^2 x) \sec^2 x dx$$

$$= \int (u^4 + u^6) du$$

$$= \frac{1}{5} u^5 + \frac{1}{7} u^7 + C$$

$$= \frac{1}{5} \tan^5 x + \frac{1}{7} \tan^7 x + C$$

If we want $u = \tan x$,
need $du = \sec^2 x dx$

⑥ $\int \tan^5 x \sec^3 x dx = \int \tan^4 x \sec^2 x (\sec x \tan x dx)$

$$= \int (1 + \sec^2 x)^2 \sec^2 x (\sec x \tan x dx)$$

$$= \int (1 - u^2)^2 u^2 du$$

$$= \int (1 - 2u^2 + u^4) u^2 du$$

$$= \int (u^2 - 2u^4 + u^6) du$$

If we want $u = \sec x$,
need $du = \sec x \tan x dx$

214-723-2

$$= \frac{1}{3} u^3 - \frac{2}{5} u^5 + \frac{1}{7} u^7 + C$$

$$= \frac{1}{3} \sec^3 x - \frac{2}{5} \sec^5 x + \frac{1}{7} \sec^7 x + C$$

Strategy

$$\int \sec^m x \tan^n x$$

- If m is even, save a $\sec^2 x$ and convert the rest to $\tan x$ using $\sec^2 x = 1 + \tan^2 x$

- If n is odd, save a $\sec x \tan x$ and convert all other factors of $\tan x$ to $\sec x$ using $\tan^2 x = 1 - \sec^2 x$.

- Otherwise trickery

Recall $\int \tan x = -\ln|\cos x| + C = \ln|\sec x| + C$

Fact Propn $\int \sec x dx = \ln|\sec x + \tan x| + C$
(Very hard)

$$\int \sec x dx = \int \sec x \left(\frac{\sec x + \tan x}{\sec x + \tan x} \right) dx$$

$$= \int \frac{\sec^2 x + \sec x \tan x}{\sec x + \tan x} dx$$

$$= \int \frac{du}{u}$$

$$= \ln|u| + C$$

$$= \ln|\sec x + \tan x| + C$$

Both $\sec x$ and $\tan x$ need to be multiplied by $\sec x$ to get to their derivatives.

$$u = \sec x + \tan x$$

$$du = [\sec x \tan x + \sec^2 x] dx$$

$$\begin{aligned} \textcircled{7} \int \tan^3 x \, dx &= \int \tan x (\sec^2 x - 1) \, dx \\ &= \int \tan x \sec^2 x \, dx - \int \tan x \, dx \\ &= \frac{1}{2} \tan^2 x - \ln|\sec x| + C \end{aligned}$$

$$\textcircled{8} \int \sec^3 x = \sec x \tan x - \int \sec x \tan^2 x \, dx$$

$$\begin{aligned} u &= \sec x & dv &= \sec^2 x \, dx \\ du &= \sec x \tan x \, dx & v &= \tan x \end{aligned}$$

$$\begin{aligned} \int \sec^3 x \, dx &= \sec x \tan x - \int \sec x (\sec^2 x - 1) \, dx \\ &= \sec x \tan x - \int \sec^3 x \, dx + \int \sec x \, dx \end{aligned}$$

$$2 \int \sec^3 x \, dx = \sec x \tan x + \ln|\sec x + \tan x| + C$$

$$\int \sec^3 x \, dx = \frac{1}{2} (\sec x \tan x + \ln|\sec x + \tan x|) + C$$

Notes: Powers are important because of volumes, polar coordinates

More Identities

$$\int \sin(mx) \cos(nx), \int \sin(mx) \sin(nx), \int \cos(mx) \cos(nx)$$

- (a) $\sin A \cos B = \frac{1}{2} [\sin(A-B) + \sin(A+B)]$
- (b) $\sin A \sin B = \frac{1}{2} [\cos(A-B) - \cos(A+B)]$
- (c) $\cos A \cos B = \frac{1}{2} [\cos(A-B) + \cos(A+B)]$

(1)

Example

$$\begin{aligned}\int \sin 3x \cos 7x \, dx &= \int \left[\frac{1}{2} (\sin[(3-7)x] + \sin[(3+7)x]) \right] dx \\ &= \frac{1}{2} \int [\sin(-4x) + \sin 10x] dx \\ &= \frac{1}{2} \left(\frac{1}{4} \cos(-4x) - \frac{1}{10} \cos(10x) \right) + C \\ &= \frac{1}{8} \cos(4x) - \frac{1}{10} \cos(10x) + C\end{aligned}$$

Trig Substitution: An application of the

Pythagorean identities

Example 1

$$\textcircled{1} \int \sqrt{a^2 - x^2} dx = ?$$

$$\text{We know } \int x \sqrt{a^2 - x^2} dx = \frac{-1}{2} \int \sqrt{u} du$$

$$u = a^2 - x^2$$

$$du = -2x dx$$

$$= \frac{-1}{2} \left(\frac{2}{3} u^{3/2} \right) + C$$

$$= -\frac{1}{3} u^{3/2} + C$$

$$= -\frac{1}{3} (a^2 - x^2)^{3/2} + C$$

$$\int \sqrt{a^2 - x^2} dx = \int \sqrt{a^2 - a^2 \sin^2 \theta} (a \cos \theta d\theta)$$

$$= \int \sqrt{a^2 \cos^2 \theta} (a \cos \theta d\theta)$$

$$= \int (a \cos \theta) (a \cos \theta d\theta)$$

Note
 $\cos \theta \geq 0$

$$= \int a^2 \cos^2 \theta d\theta$$

on
 $-\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$

$$= \int a^2 \left(\frac{1}{2} (1 + \cos 2\theta) \right) d\theta$$

$$= \frac{+a^2}{2} \int (1 + \cos 2\theta) d\theta$$

$$= \frac{+a^2}{2} \left(\theta + \frac{1}{2} \sin 2\theta \right) + C$$

$$= \frac{+a^2}{2} \left(\theta + \sin \theta \cos \theta \right) + C$$

$$= \frac{+a^2}{2} \left(\theta + \frac{\sqrt{a^2 - x^2}}{a} \left(\frac{x}{a} \right) \right) + C$$

Notice that x can only be between -1 and 1 . What other functions are like this?

Trick: inverse substitution

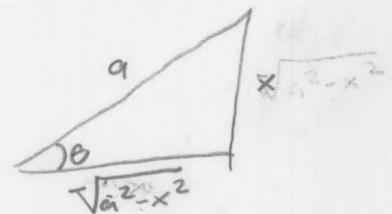
We know

$$1 - \sin^2 \theta = \cos^2 \theta$$

$$a^2 - a^2 \sin^2 \theta = a^2 \cos^2 \theta$$

$$x = a \sin \theta \text{ for } -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$$

$$dx = a \cos \theta d\theta$$



Example

$$= \frac{1}{2} \left[-a^2 \cos^{-1}\left(\frac{x}{a}\right) + x \sqrt{a^2 - x^2} \right] + C$$

Pythagorean Identities

$$\cos^2 x + \sin^2 x = 1$$

$$\sec^2 x = 1 + \tan^2 x$$

$$\csc^2 x = 1 + \cot^2 x$$

Never use

Possible Substitutions

$$\sqrt{a^2 - x^2}$$

$$x = a \sin \theta, \quad -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$$

or vice versa
 $1 - \sin^2 x = \cos^2 x$

$$\sqrt{a^2 + x^2}$$

$$x = a \tan \theta, \quad -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$$

$$1 + \tan^2 x = \sec^2 x$$

$$\sqrt{x^2 - a^2}$$

$$x = a \sec \theta, \quad 0 \leq \theta < \frac{\pi}{2}$$

$$\sec^2 x - 1 = \tan^2 x$$

or
 $\pi \leq \theta < \frac{3\pi}{2}$

Example

②

$$\int \frac{1}{x^2 \sqrt{x^2 + 9}} dx$$

$$= \int \frac{3 \sec \theta \tan \theta d\theta}{9 \tan^2 \theta \sqrt{9 \tan^2 \theta + 9}}$$

$$= \int \frac{3 \sec \theta d\theta}{3 \tan \theta \sqrt{9 \sec^2 \theta}}$$

$$= \int \frac{\sec \theta d\theta}{3 \tan \theta \cdot 3 \sec \theta}$$

$$= \int \frac{d\theta}{9 \tan \theta}$$

$$= \frac{1}{9} \int \frac{\cos \theta}{\sin \theta} d\theta$$

$$u = \sin \theta$$

$$du = \cos \theta$$

$$= \frac{1}{9} \int \frac{1}{u} du$$

$$= \frac{1}{9} \ln |u| + C$$

$$= \frac{1}{9} \ln |\sin \theta| + C$$

$$= \frac{1}{9} \ln \left| \frac{x}{\sqrt{x^2 + 9}} \right| + C$$

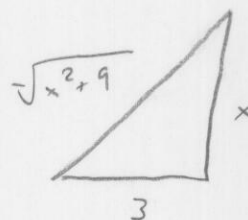
$$x^2 + 9$$

$$\tan^2 \theta + 1 = \sec^2 \theta$$

$$9 \tan^2 \theta + 9 = 9 \sec^2 \theta$$

$$x = 3 \tan \theta$$

$$x^2 = 9 \tan^2 \theta \quad dx = 3 \sec^2 \theta d\theta$$



$$\tan \theta = \frac{x}{3}$$

③ Not an example

$$\int \frac{x}{\sqrt{x^2 + a}} dx$$

Should be done by substitution! (In general, look for a simple method first)

④ $\int \frac{dx}{\sqrt{x^2 - a^2}}, a > 0$

$$x = a \sec \theta \quad 0 \leq \theta < \frac{\pi}{2} \quad \text{or} \quad \pi \leq \theta < \frac{3\pi}{2}$$

$$dx = a \sec \theta \tan \theta d\theta$$

$$= \int \frac{a \sec \theta \tan \theta d\theta}{\sqrt{a^2 \sec^2 \theta - a^2}}$$

$$= \int \frac{a \sec \theta \tan \theta d\theta}{\sqrt{a^2 \tan^2 \theta}}$$

$$= \int \frac{a \sec \theta \tan \theta d\theta}{a |\tan \theta|}$$

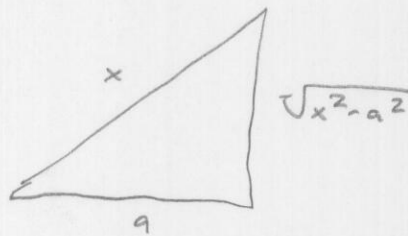
$\tan \theta > 0$ on the interval above

$$= \int \sec \theta d\theta$$

$$\sec \theta = \frac{x}{a}$$

$$= \ln |\sec \theta + \tan \theta| + c$$

$$= \ln \left| \frac{x}{a} + \frac{\sqrt{x^2 - a^2}}{a} \right| + c$$



So far our substitution has been obvious. Let's try some harder cases.

Example

$$(4) \int \frac{x}{\sqrt{12-4x-x^2}} dx = \int \frac{x}{\sqrt{12+4-(x^2+4x+4)}} dx$$

Complete the square!

$$= \int \frac{x}{\sqrt{16-(x+2)^2}} dx \quad \text{Let } u=x+2 \\ du=dx$$

$$= \int \frac{u-2}{\sqrt{16-u^2}} du \quad u=4\sin\theta \\ du=4\cos\theta d\theta$$

$$= \int \frac{(4\sin\theta-2)4\cos\theta d\theta}{\sqrt{16-16\sin^2\theta}}$$

$$= \int \frac{(4\sin\theta-2)(4\cos\theta d\theta)}{\sqrt{16\cos^2\theta}} \quad \frac{u}{4} = \sin\theta$$

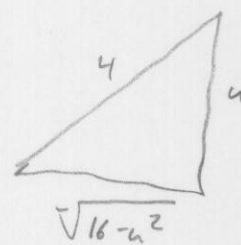
$$= \int \frac{(4\sin\theta-2)(4\cos\theta d\theta)}{4\cos\theta}$$

$$= \int (4\sin\theta-2) d\theta$$

$$= -4\cos\theta - 2\theta + C$$

$$= -4\left(\frac{\sqrt{16-u^2}}{4}\right) - 2\sin^{-1}\left(\frac{u}{4}\right) + C$$

$$= -4\left(\frac{\sqrt{16-(x+2)^2}}{4}\right) - 2\sin^{-1}\left(\frac{x+2}{4}\right) + C$$



5

$$\int_0^{\frac{2}{\sqrt{3}}} \frac{x^3 dx}{(9x^2 + 4)^{3/2}} = \int_0^{\frac{2}{\sqrt{3}}} \frac{x^3 dx}{(\sqrt{9x^2 + 4})^3}$$

$$u = 3x \\ du = 3x dx$$

$$= \int_{0=u}^{\frac{2}{\sqrt{3}}=u} \frac{\left(\frac{u}{3}\right)^3 (3 du)}{(\sqrt{u^2 + 4})^3}$$

$$u = 2 \tan \theta \\ du = 2 \sec^2 \theta d\theta$$

$$= \frac{1}{9} \int_{\theta=0}^{\frac{\pi}{3}} \frac{(2 \tan \theta)^3 \cdot 2 \sec^2 \theta d\theta}{(\sqrt{4 \tan^2 \theta + 4})^3}$$

$$\left. \begin{aligned} u=0 &\leadsto \tan \theta = 0 \leadsto \theta = 0 \\ u=2\sqrt{3} &\leadsto \tan \theta = \sqrt{3} \\ &\leadsto \theta = \frac{\pi}{3} \end{aligned} \right\}$$

$$= \frac{16}{9} \int_{\theta=0}^{\theta=\frac{\pi}{3}} \frac{\tan^3 \theta \sec^2 \theta d\theta}{(\sqrt{4 \sec^2 \theta})^3}$$

$$= \frac{16}{9} \int_{\theta=0}^{\theta=\frac{\pi}{3}} \frac{\tan^3 \theta \sec^2 \theta d\theta}{(2 \sec \theta)^3}$$

$$= \frac{2}{9} \int_{\theta=0}^{\theta=\frac{\pi}{3}} \frac{\tan^3 \theta d\theta}{\sec \theta}$$

$$= \frac{2}{9} \int_{\theta=0}^{\theta=\frac{\pi}{3}} \frac{\sin^3 \theta (\cos \theta) d\theta}{\cos^3 \theta}$$

$$= \frac{2}{9} \int_{\theta=0}^{\theta=\frac{\pi}{3}} \frac{(1 - \cos^2 \theta) \sin \theta d\theta}{\cos^2 \theta}$$

$$t = \cos \theta \\ dt = -\sin \theta d\theta$$

$$= \frac{2}{9} \int_{t=1}^{t=\frac{1}{2}} -\left(\frac{1-t^2}{t^2}\right) dt$$

$$= \frac{2}{9} \int_{t=\frac{1}{2}}^{t=1} (t^{-2} - 1) dt$$

Numbers slightly changed from class to be tidier

$$= \frac{2}{9} \left[-t^{-1} - t \right]_{t=\frac{1}{2}}^{t=1}$$

$$= \frac{2}{9} [(-1-1) - (-2-1)]$$

$$= \frac{2}{9} [-2+3]$$

$$= \frac{2}{9}$$